

## Liberi Sani Ad Vitam

Children fit for life

# **Transport**

#### How to play this game:

The children stand in a large circle. Give each child the name of a type of transport, e.g. bus, train, car, motorcycle, plane. The leader then calls out a type of transport, e.g. "Plane!". All the children that are planes run around the circle and back to their place.

The first child back to their place is the winner.

Younger (and older) children enjoy making suitable noises and actions as they run around the circle. When the leader calls out "Transport!", everyone runs around the circle and back to their place.

A variation is for the last child who gets back to their place to sit down or drop out of the game.

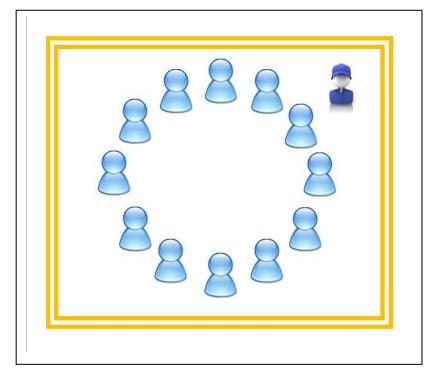
### **Adaptations**

Change the method of travel e.g. jump, hop etc.

Give players coloured bibs to turn it into a team game, have one of each named transport type in a different team.

Give children a direction of travel after you have called out a transport type e.g. "Plane, clockwise." Don't have two animals playing a game running in different directions as you do not want children running into each other.

Change the game so that the first child to tag a player in front of them wins the round. For this you will have children running around the circle more than once.



#### **Learning Objectives**

- Taking turns
- Running fast over short distance
- · Agility and reaction speed
- Can be used as a fun cool down

### **Resources**

Activity area